



NEW YEAR BOOT CAMPS: JAN. 5TH – FEB. 27TH



☐ 8-WEEK BIKINI BOOT CAMP (WOMEN-ONLY)

Mondays, Tuesdays, Thursdays: 5:30am, 6:30am or 7:30am

☐ 8-WEEK SHRED CAMP (COED)

Mondays, Wednesdays, Fridays: 6:30pm

Starts Monday January 5th • Orientation Sunday 5:00pm (Education Only)

Body sculpting training programs with emphasis on diet, education, competition training and lifestyle change.

InBodies and Enrollment due NO LATER than Monday

8-WEEK BOOT CAMP: \$350 OR 2 payments of \$199

*****REGISTRATION AND PAYMENT ARE REQUIRED TO RESERVE YOUR SPOT*****

What You will Receive Via Email the 1st Week:

List of Approved Groceries • Sample Meal Plans with calories • List of Supplement Suggestions • InBody Vouchers

1st Phase - Workout Schedule and Cardio Prescription • Short-term Membership Card (normally an extra fee for non-members)

Materials Needed by Orientation:

3-Ring Binder • Pencil • Notebook Paper • Protein Powder* • Loselt App (on your smart phone) • Water • Mat & Towel (optional)

NAME: _____ Age: _____ Cell #: _____

PRINT Email (even if we already have it): _____

**PLEASE NOTE: You will be on a NEW PRIVATE mailing list. Please be sure to include your email address on this form.*

Address _____ DL #: _____

Emergency Contact: _____ Phone _____

I am a: ☐ Max Member ☐ Non-Member ☐ BCx Boot Camp Repeater ☐ New BCx Boot Camper

I want to compete: ☐ Yes* ☐ No ☐ Maybe *If yes, is this your first competition? ☐ Yes ☐ No

I want to join Team Max: ☐ Yes ☐ No ☐ Maybe

CHOOSE YOUR TRAINING TIME:

NOTE: Please choose your preferred class time. Classes are first come, first serve. Payment is required to secure your spot.

☐ **CHOOSE YOUR TIME** ► ☐ 5:30AM ☐ 6:30AM ☐ 7:30AM (women only) ☐ Shred Camp 6:30PM (coed)

☐ **2ND CHOICE OF TIME** ► ☐ 5:30AM ☐ 6:30AM ☐ 7:30AM (women only) ☐ Shred Camp 6:30PM (coed)

☐ **✓ ALL AVAILABILITY** ► ☐ 5:30AM ☐ 6:30AM ☐ 7:30AM (women only) ☐ Shred Camp 6:30PM (coed)

Bring completed registration form to the club with payment. Enrollment can be finalized with credit card payment by phone.

PAYMENT IS REQUIRED TO SECURE YOUR SPOT.

-----FOR OFFICE USE-----

ENROLLMENT DATE _____ TIME: _____

CHOOSE PAYMENT/PROGRAMS

☐ \$350 – 8 Weeks - Paid in Full

☐ \$199 - 8 Week Commitment - \$199 down, \$199 due by January 30th

TOTAL PAID: _____ **\$ DUE:** _____

CREDIT CARD: Draft Date _____ Card #: _____ Exp: _____

MEMBER'S AUTHORIZATION _____ RECEIVED BY _____

☐ PAYMENT RECEIVED TODAY: ☐ \$ ☐ CC ☐ ✓ AMOUNT: _____ ☐ WAIVER RECEIVED Staff Initials _____

NOTE: There are no refunds for boot camp programs. 100% commitment is required.

In the event of a medical emergency, with doctor's note, credit may be given toward a future boot camp.